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HIGHLIGHTS:	NEW: Talking about Mental Health in Schools & Colleges Conference FREE REMINDER: EP COGNITIVE WORKSHOP HERTS AUTISM TRAINING Still time to book your place: SOCIAL STORIES NESSIE NEW: Supervision
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SIGNPOSTING	SEND Advice Lines	ASK SALI Ask SALI (hertfordshire.gov.uk) AskSALI@hertfordshire.gov.uk	Autism Resources: DSPL 1 holds some resources that you can trial in your school. Please contact Emma Russell on nhdsplmanager@wymondley.herts.sch.uk	Signposted parent courses
	School Nurses in Hertfordshire	Hertfordshire CYPMHS	Foetal Alcohol Spectrum Disorder	Just Talk
	Safe Space	NSPCC Listen up, Speak up	Beezee bodies HENRY Programme Homepage HENRY	OLLIE
	Herts Local Offer – services for mental health and wellbeing	pdnet FREE Training for those supporting children with physical disabilities	Nasen Resources – free to join	Online Mental Health Support Lumi Nova - WithYouth Home - WithYouth Sandbox Homepage (mindler.co.uk)



AUTISM TRAINING

Autism Training for School Staff within North Hertfordshire DSPLs 1 & 2.

All training is free of charge, following feedback each workshop is now 2hrs long. Please use your work email and fill out which setting you work at when booking your place. For those working in primary and secondary phases in mainstream, specialists including our educational support centres. Enquiries: AutismTraining@hertfordshire.gov.uk

HAT (North Herts) Social Stories Workshop 9th May 9.30-11.30am Tickets, Tue 9 May 2023 at 09:30 Eventbrite	Social Stories – 9 May
Being held face to face – places are limited	
HAT (Countywide) Personalised Reasonable Adjustments Workshop 22nd May Tickets, Mon 22 May 2023 at 09:30 Eventbrite	Personalised Reasonable Adjustments – 22 May
HAT (DSPL 1 & 2) Autism & Demand Avoidance Workshop 23rd May 9.30-11.30 Tickets, Tue 23 May 2023 at 09:30 Eventbrite	Autism & Demand Avoidance – 23 May
Being held face to face – places are limited	
HAT (Countywide) Sensory Awareness & Autism Workshop 24th May 9.30-11.30am Tickets, Wed 24 May 2023 at 09:30 Eventbrite	Awareness & Autism – 24 May
HAT (Countywide) Pupil Voice Workshop 7th June 9.30-11.30 Tickets, Wed 7 Jun 2023 at 09:30 Eventbrite	Pupil Voice – 7 June
HAT (Countywide) Autism, Puberty & Sexual Vulnerability Workshop 14th June Tickets, Wed 14 Jun 2023 at 13:00 Eventbrite	Autism, Puberty & Sexual Vulnerability – 14 June
HAT (Countywide) Autism & Girls Workshop 20th June 1.30-3.30pm Tickets, Tue 20 Jun 2023 at 13:30 Eventbrite	Autism & Girls – 20 June
HAT (Countywide) Autism & Anxiety Workshop 21st June 9.30-11.30 Tickets, Wed 21 Jun 2023 at 09:30 Eventbrite	Autism & Anxiety – 21 June

AUTISM TRAINING + PHYSICAL DISABILITIES

Hertfordshire Community NHS Trust	Moving and Handling of children with physical disabilities Tickets, Fri 19 May 2023 at 09:30 Eventbrite	Moving and handling of children with physical disabilities
	School Understanding your child's sensory preferences Tickets, Thu 4 May 2023 at 10:00 Eventbrite	Child' sensory preferences
	School Understanding your child's sensory preferences Tickets, Wed 5 Jul 2023 at 12:00 Eventbrite	Child' sensory preferences
	School Supporting Children's Sensory Self-Regulation Development Tickets, Wed 24 May 2023 at 10:00 Eventbrite	Supporting self-regulation development
	School Supporting Children's Sensory Self-Regulation Development Tickets, Mon 17 Jul 2023 at 10:00 Eventbrite	Supporting self-regulation development



[Supporting your child's motor skills development Tickets, Fri 14 Jul 2023 at 11:00 | Eventbrite](#)
[Supporting your child's motor skills development Tickets, Wed 16 Aug 2023 at 12:00 | Eventbrite](#)
[Smart Moves: A Motor Skills Programme Tickets, Tue 6 Jun 2023 at 13:30 | Eventbrite](#)

Motor Skills Development

Motor Skills Development

Motor Skills Development

ADHD

ADD-vance Professional Workshops
Save the Date

Level One Workshops

Wednesday 20th September - 10 am to 12 pm - Understanding ADHD for Primary Schools
Tuesday 26th September - 3.45 to 5.45 pm - Understanding ADHD for Primary Schools
Thursday 28th September - 1 to 3 pm - Understanding ADHD for Secondary Schools

Level Two Workshops

Tuesday 10th October - 3.45 to 5.45 pm - Topic TBC
Thursday 19th October - 1 to 3 pm - Topic TBC
Wednesday 1st November - 1 to 3 pm - Topic TBC

Reflection Sessions

Wednesday 8th November - 1 to 3 pm - Reflection Session for primary school SENCos/SLT
Thursday 9th November - 1 to 3 pm - Reflection session for secondary school SENCos/SLT

Details and booking information to follow.

LHNF (LOCAL HIGH NEEDS FUNDING)

LHNF Local High Need Funding [\[REQUEST UPDATED FORM\]](#)

Applications must be sent and will only be accepted via SchoolsFX to dspl1lhnfpanel@wymondley.herts.sch.uk

MONTH	PAPERS DUE IN	PANEL
		9:30am to 12:30pm via Teams
May (updated) 2023	03-May	17-May
June 2023	24-May	14-Jun
July 2023	08-Jun	12-Jul

[Dates \(Panel and Applications\)
: Forums \(nhdsp1.org.uk\)](#)

DO NOT PASSWORD PROTECT

[SchoolsFX to
dspl1lhnfpanel@wymondley.herts.sch.
uk](#)



SURVEYS

EMWiE Emotional and Mental Wellbeing in Education Team The Emotional and Mental Wellbeing in Education Team want to understand more about why there's been an increase of children and young people struggling to regularly attend school. They are asking parents and carers to share their experiences in this survey.	Parent and Carer Feedback regarding their Young Person's School Avoidance (smartsurvey.co.uk)
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SENCO SUPPORT

Creative Supervision for Professionals in Education	These sessions are ideal for any professional whose role includes supporting the mental health of children and young people. Explore needs that arise in schools such as trauma, attachment, refugees and trauma, EBSA, staff wellbeing and more. Booking essential. Nessie Public Booking Platform (procfu.com) Friday, 19 May 2023 8:45am to 10:15am via MS Teams.		
Early Help SEND Navigation Toolkit	Early Help SEND Navigation Toolkit (hertfordshire.gov.uk)		
SEND Briefings 2022/23 – funded by DSPL 1	12 July 2023 1:30pm Link to follow		
SENCO Breakfast	26 September 9:15am to 10:15am	Open to early years, primary and secondary SENCOS and support staff	Ashwell School, Silver Street, Ashwell SG7 5QL
VSEND – new dates available	Hertfordshire are rolling out Valuing SEND tool and training for SENCos, Headteachers and professionals. VSEND tool and approach in practice: Hertfordshire valuing SEND training - VSEND - Hertfordshire Grid for Learning (thegrid.org.uk)	Please email nhdsplmanager@wymondley.herts.sch.uk for further information.	NEW DATES AVAILABLE: Valuing SEND Events Eventbrite



Understanding conceptualisation of Cognitive Learning and the legalities of the construct on Cognitive Assessments	DSPL 1 Workshop – Understanding the conceptualisation of Cognition and Learning and the legalities relating to Cognitive Assessments. To assist our work Michael Artemis, Deputy Principal Educational Psychologist for North Herts & Stevenage, the author of The Artemis Rating Scales for Cognition and Learning Progression (TARS-CLP)has kindly agreed to conduct workshops as follows: 3:30pm to 4:30pm - 16th May MS TEAMS: Meeting ID: 347 742 722 664 Passcode: GUSTPK 3:30PM TO 4:30PM – 4 July Enquiries: Emma Russell, DSPL Delivery Manager nhdsplmanager@wymondley.herts.sch.uk or EP Team ep.nhsteam@hertfordshire.gov.uk Primary, secondary and/or special for each date. Michael originally devised the TARS-CLP© which became the technical and research-led rationale used by HCC to inform the Cognition and Learning descriptors that are currently in use across Hertfordshire. The workshops will seek to discuss the issues, the implications, the utility and application of TARS-CLP© in our professional roles.		
EP 1:1 Consultations DSPL	All spaces have been filled for the Summer Consultations, we have a waiting list in place. Please email Debbie Robins nhdspl@wymondley.herts.sch.uk, priority will be given to those on our waiting list for any further appointments allocated to our area.		
Early Years and Primary Mental Health and Wellbeing Network	The meetings provide a platform for Pastoral Leads/MH&W Leads in Early Years and Primary schools to hear about the latest offers and opportunities that are available to support schools, teachers, students and parents. Whilst providing a network that offers support, share best practice, and voice concerns or arising needs to be addressed.	7 June 2023 2pm to 3:30pm Agenda • Wellbeing checks for staff • Emotional checks for staff • HCC Public Health updates • Emotional Mental Health and Wellbeing in Education (EMIWE) team update and support • Emotionally Based School Avoidance (EBSA) support and guidance • Programmes / services available to your school • Guest Speakers • Group Discussion	MS Teams Meeting ID: 367 611 583 234 Passcode: v4kgQS Contact: chloe.robertson-beckett@hertfordshire.gov.uk / Kennedy.morgan@hertfordshire.gov.uk to be added to the contact list.
Secondary Mental Health and Wellbeing Network	7 June 4pm to 5:15pm (venue TBC)		
REMINDER EHC Contact Information	The duty line is 01442 453300, both schools and parents can use this to request a call back, best way to contact is via email. The Provisions Team will hold any cases where a child is CLA. If schools need to know which Coordinator is allocated to a case they can contact the team to find out. Any new cases will be held by the Assessment Team East, they can be contacted on ehcneedsassessment@hertfordshire.gov.uk. Cases will remain with the Assessment Team until the first review, after which they are passed to the Reviews Team. Annual Review Documents should be sent to annualreviewseast@hertfordshire.gov.uk. If you have not received the email with the full details please contact nhdspl@wymondley.herts.sch.uk EHC Coordinator for Secondary Schools (incl special schools) in DSPL 1 is Jane Parkins jane.parkins@hertfordshire.gov.uk. EHC Coordinator for Primary Schools (incl special schools) in DSPL 1 is Sami Wilson sami.wilson@hertfordshire.gov.uk		



Outreach - Woolgrove	Primary and Secondary	Work with SENCOs, Teachers, Teaching Assistants to meet needs of pupils working below age related expectations or have additional needs/diagnosis resulting in difficulties accessing the curriculum.	https://woolgrove.herts.sch.uk/outreach/referrals/
NESSie Offer	Consultant, assessment, support and supervision for DSPL 1 Schools that have been highlighted as part of the STUC partnership working agenda.	Contact: Rachel Lambie	rlambie@nessieined.com
DSPL 1 SpLD Tutor	Elaine Obuchowicz or Claire Goudkoff	SpLD	elaine.obuchowicz@hertfordshire.gov.uk claire.goudkoff@hertfordshire.gov.uk

EARLY YEARS

Early Years Update from the Children & Young People's Speech & Language Therapy Services	Talking with Children in the Early Years: A FREE 2 part virtual training for early years staff to enhance and reflect on adult-child interaction skills and learn hands on communication strategies you can use through play and everyday activities. talking-with-children-updated-ba-070323.pdf (hct.nhs.uk)	Talking with Children - Group A session 2 Tickets, Mon 15 May 2023 at 10:00 Eventbrite Talking with Children - Group B session 2 Tickets, Mon 15 May 2023 at 15:30 Eventbrite	Please visit website for details of other training available which will be updated each term: Children's Speech and Language Therapy Hertfordshire Community NHS Trust (hct.nhs.uk)
	Supporting Social Communication in Early Years Settings: A FREE 1 part virtual training for early years staff to develop knowledge and understanding of social communication needs (incl Autism) and to learn how to facilitate interaction and communication skills within your setting. supporting-social-communication-in-early-years-settings.pdf (hct.nhs.uk)	Supporting Social Communication in Early Years Settings Tickets, Tue 23 May 2023 at 09:30 Eventbrite	



	Supporting Speech Sound Development: A FREE 1 part virtual training for early years and primary school staff to increase your knowledge and understanding of how to support the speech sound development of children in your setting. supporting-speech-sound-development.pdf (hct.nhs.uk)	Supporting Speech Sound Development Tickets, Mon 22 May 2023 at 13:30 Eventbrite Supporting Speech Sound Development Tickets, Thu 8 Jun 2023 at 15:30 Eventbrite Supporting Speech Sound Development Tickets, Wed 28 Jun 2023 at 09:30 Eventbrite	Please visit website for details of other training available which will be updated each term: Children's Speech and Language Therapy Hertfordshire Community NHS Trust (hct.nhs.uk)
	Using the Wellcomm Toolkit: A FREE 1 part face to face hands on workshop for early years staff to develop knowledge and understanding of using the Wellcomm screening tool and providing targeted support to develop speech, language and communication skills within your setting. wellcomm-flyer-1.pdf (hct.nhs.uk)	DSPL 1 - WellComm – A speech and language toolkit for the early years Tickets, Fri 12 May 2023 at 09:30 Eventbrite	
Emotional Wellbeing and Behaviour in the Early Years	TAB training is FREE for Early Years Staff. It is a three-module course. To access the training you will first need to have delivered the Attachment and Trauma Aware Toolkit to your setting: Contact: Hannah.Fyffe@hertfordshire.gov.uk	ISL: SEND SAS Offer for Emotional Wellbeing and Behaviour in the Early Years	Contact your local area IDO or Early Years Emotional Wellbeing and Behaviour Specialist for further information: Hannah.Fyffe@hertfordshire.gov.uk
EYFS & PVI Training offer from DSPL 1	CERTSEY, Level 4 Award in Supporting Children and Young People with SEMH Needs, Level 4 Award in Supporting Children with Speech, Language and Communication Needs	Please request flyers : nhdspl@wymondley.herts.sch.uk	nhdspl@wymondley.herts.sch.uk
Early Years and Primary Mental Health and Wellbeing Network	The meetings provide a platform for Pastoral Leads/MH&W Leads in Early Years and Primary schools to hear about the latest offers and opportunities that are available to support schools, teachers, students and parents. Whilst providing a network that offers support, share best practice, and voice concerns or arising needs to be addressed.	7 June 2023 2pm to 3:30pm Agenda • Wellbeing checks for staff • Emotional checks for staff • HCC Public Health updates • Emotional Mental Health and Wellbeing in Education (EMIWE) team update and support • Emotionally Based School Avoidance (EBSA) support and guidance • Programmes / services available to your school • Guest Speakers • Group Discussion	MS Teams Meeting ID: 367 611 583 234 Passcode: v4kgQS Contact: chloe.robertson-beckett@hertfordshire.gov.uk / Kennedy.morgan@hertfordshire.gov.uk to be added to the contact list.



SPEECH, LANGUAGE AND COMMUNICATION

	Making the most of Language for Thinking Resource language-for-thinking-flyer.pdf (hct.nhs.uk)	DSPL 1 - Making the most of the “Language for Thinking” Resource Tickets, Thu 25 May 2023 at 09:30 Eventbrite
	Developing Understanding of Instructions developing-understanding-of-instructions-flyer.pdf (hct.nhs.uk)	DSPL 1 - Developing Understanding of Instructions in the Classroom Tickets, Mon 26 Jun 2023 at 09:30 Eventbrite
	Using the Wellcomm Toolkit wellcomm-flyer-1.pdf (hct.nhs.uk)	DSPL 1 - WellComm – A speech and language toolkit for the early years Tickets, Fri 12 May 2023 at 09:30 Eventbrite
Virtual Training Sessions – Summer Term 2023 Note: A maximum of 30 people can attend each training session and a maximum of 2 members of teaching staff per education setting are able to book each training. Please contact the team if further places are required.		
Children & Young People’s Speech & Language Therapy Service	Understanding Developmental Language Disorder (DLD) understanding-developmental-language-disorder-dld-summer.pdf (hct.nhs.uk)	Understanding Developmental Language Disorder (DLD) Tickets, Wed 14 Jun 2023 at 09:30 Eventbrite Understanding Developmental Language Disorder (DLD) Tickets, Tue 4 Jul 2023 at 09:30 Eventbrite
	Supporting Speech Sound Development supporting-speech-sound-development.pdf (hct.nhs.uk)	Supporting Speech Sound Development Tickets, Mon 22 May 2023 at 13:30 Eventbrite Supporting Speech Sound Development Tickets, Thu 8 Jun 2023 at 15:30 Eventbrite Supporting Speech Sound Development Tickets, Wed 28 Jun 2023 at 09:30 Eventbrite
	Supporting Social Communication in Early Years Settings supporting-social-communication-in-early-years-settings.pdf (hct.nhs.uk)	Supporting Social Communication in Early Years Settings Tickets, Tue 23 May 2023 at 09:30 Eventbrite



Children & Young People's Speech & Language Therapy Service	Talking with Children talking-with-children-updated-ba-070323.pdf (hct.nhs.uk)	Staff can access this training by booking on Group A OR Group B, you will need to attend both sessions to get the best out of the training Talking with Children - Group A session 2 Tickets, Mon 15 May 2023 at 10:00 Eventbrite
Children & Young Peoples Speech Language Therapy Service	Virtual Training Sessions – Spring Term 2023 Note: A maximum of 30 people can attend each training session and a maximum of 2 members of teaching staff per education setting are able to book each training. Please contact the team if further places are required.	Children's Speech and Language Therapy Hertfordshire Community NHS Trust (hct.nhs.uk) New dates for ELKLAN and Makaton available.
Speech and Language	Contact for parents and professionals. Ready-made packs for staff Speech Therapy Resources	01923 470 680 https://www.humber.nhs.uk/services/childrens-speech-resources.htm https://www.speechandlanguagekids.com/free-speech-language-resources/
		BALDOCK & LETCHWORTH: SLT Link is Lizzie Smith HITCHIN: SLT Links are Hannah McCorkindale/Jo Wardle ROYSTON: SLT Link is Rachel Olivier

Demand is expected to be high for the SLCN courses – please register your interest. Maximum 2 places per setting.

Hertfordshire Speech, Language and Communication Needs Training	FREE Training for Primary and Secondary Teachers SLCN in the Primary Classroom 11 May 10am to 11:30am at HDC, Stevenage 15 June 10am to 11:30am at Cranbourne Primary School Training Suite	This training will: - Unpick the role that language plays in learning. - Enable staff to identify barriers for CYPs around language and learning. - Demonstrate evidence-based ways teachers can support learners with SLCN. - Develop teachers' practice and competencies so they can enable learners to access language in the classroom.	Training is 90 minutes long delivered in person. Register your interest and they will confirm your booking. Request a place SLCNTraining@hertfordshire.gov.uk put SLCN Training in subject box. PLEASE NOTE NOT SUITABLE FOR EARLY YEARS.
Hertfordshire Speech, Language and Communication Needs Training	FREE Training for Primary and Secondary Teachers SLCN in the Secondary Classroom 18 May 10am to 11:30am at HDC, Stevenage 29 June at 10am to 11:30am at Watford Girls School		
Speech and Language	All emails have now been sent to SENCo @ for the SLT/SENCo meetings with a speech therapist to discuss your current caseload and you should now be able to book onto them.	If you have any issues booking on/ no availability then please email the SLT Education Lead at nicola.spray@nhs.net directly with your query. herts-a4-letter_landscape.docx (hct.nhs.uk)	CLICK HERE TO SEE NEW COURSES



MENTAL HEALTH & WELLBEING

Anna Freud Centre	Talking about anxiety in schools and colleges Training Anna Freud Centre	22 May 2023 4:30pm to 6pm	Booking Basket (annafreud.org)
EMWiE Emotional and Mental Wellbeing in Education Team	Vision: To support all educational settings, from early years to further education to deliver a whole school approach to emotional and mental wellbeing enabling our children and young people to grow and thrive and become independent adults.	Initial Key Objectives for 2022/23 • Kitemark Accreditation • Training needs incl Mental Health Leads and Champions • Resources, information and guidance • MHST Expansion • School Avoidance	All queries to be directed to Charlotte Dyer in the first instance at: hweicbhv.schoolsmh@nhs.net Hertfordshire CYPMHS System newsletter - (tfemagazine.co.uk)
NESSie	NESSie is funded by HCC to support parents/carers of children and young people with emotional and mental health issues. The aim of this work is to help parents/carers develop a positive and more confident approach to supporting their young person, whilst offering a chance to gain peer support; useful strategies and practical tools. FREE online and face-to-face workshops on a range of mental health issues that affect children and young people. Parent Support Line 07932 651319 (Wednesdays 9am to 12pm or by appointment) Private moderated Facebook support groups 1-1 support advice sessions 1-2 Peer support groups: a confidential group, where parents will have an opportunity to share their experiences, support each other through challenges and identify coping strategies. For more information: Podio		Mental Health support for parents/carers – 1-1, online, support groups
CAMHS - Tues helpline - under 5s	NEW Tuesdays Helpline for Professionals - 6 Sept to end Nov. Consultation space to discuss potential under 5 referral. Call Step 2 admin on 01438 730 570 or email hct.step2@nhs.net and asked to be booked on one of the 10 min slots, Tues 3pm to 4pm.	https://herts-camhs.tfemagazine.co.uk/august-2022/understanding-camhs/hcts-step-2-service-for-parentscarers-of-0-5s-and-their-new-tuesday-helpline-fo	https://www.hct.nhs.uk/our-services/step-2-camhs/
FIRST STEPS ED	EARLY HELP – EATING DISORDERS WITHOUT PROFESSIONAL REFERRAL	For 5 to 18 year olds, referral via self, parent/carer or professional. Offer face to face or digital one to one support sessions. Referral - First Steps ED	Body Image
Phase	Resources (phase-hitchin.org)	Wellbeing Resources	Wellbeing Resources



HCT Children's Wellbeing Practitioners	Includes: School Transition, Sleep, Self-Regulation	https://www.eventbrite.co.uk/o/hct-childrens-wellbeing-practitioners-33494371787	Transition, Sleep, Self-Regulation
DfE	Funded Mental Health Leads Training	https://www.gov.uk/guidance/senior-mental-health-lead-training	https://nessieined.com/mental-health-leads-training
EBSA (Emotionally Based School Avoidance)			
Anna Freud Centre		EBSA Resource Addressing emotionally-based school avoidance (annafreud.org)	
	Emotionally Based School Avoidance Toolkit	Toolkit: Mental health animation toolkit for teachers and schools Young people mental health (annafreud.org)	
	Animation	Animation: Mental health animation toolkit for teachers and schools Young people mental health (annafreud.org)	
	Courses	Training Supporting students' mental health and wellbeing through everyday interactions in school settings Training Anna Freud Centre	Child Mental Health Training & Courses Anna Freud Centre
School Anxiety	If child is too anxious to go to school		Herts Local Offer Support
	School Avoidance/Anxiety - Webinar and Resources		Children's Wellbeing Practitioner Resources
PARENTS & YOUNG PEOPLE			
Hope UK	Home - Hope UK - Resources An introduction to drugs and working with young people - Hope UK - Resources County Lines – what youth workers need to know - Hope UK - Resources	DSPL 1 Weekly Newsletter Parents & Carers	Weekly Round Up - Parents & Carers
Healthier Together Newsletter	https://hwehealthiertogether.nhs.uk/	Local Offer	Website - video aimed at parents and carers of children and young people with SEND to help understand the Local Offer https://www.youtube.com/watch?v=hmcGbFqmsl8