

Preston Primary School PSHE Curriculum Intent, Implementation, and Impact.

August 2020



Intent

Recognising the huge impact of the current Coronavirus Pandemic and long term school closures on our pupils' mental health and wellbeing, our priority and intent is provide a programme designed to take the current and changing needs of our children into account when planning and implementing our curriculum and school ethos. Our intent is to recognise our pupils' needs and build on establishing stronger mental health and wellbeing during and after these unprecedented times.

At Preston Primary School our PSHE curriculum has been designed to ensure our pupils develop the knowledge, skills, and attributes they need to keep themselves happy, safe, and healthy. Our intent is to develop tolerant, respectful young people, prepared for their future lives. Our aim is for the children to develop emotional intelligence and the ability to articulate their feelings in order to develop and maintain good mental health as well as understanding the importance of their physical health, staying healthy and a good understanding of the new relations and sex curriculum. We aim to develop pupils who can initiate and maintain healthy relationships and know which trusted people to speak to if they have a problem. Where appropriate, the curriculum is based on the statutory guidance outlined in the Relationships Education, Relationships and Sex Education (RSE- see separate policy) and Health Education.

Our PSHE curriculum has been designed to reflect and make links to our RE curriculum, RE policy, internet safety policy and develop the Christian Values in our school and community.

Using a growth mindset strategy enables the children to become resilient, flexible learners, ready for the future. PSHE also develops the understanding of health and fitness. In our school, we will give children the knowledge to be able to make informed choices with regards to diet and exercise. Today's children have access to, and can confidently use, online resources both in and outside of school. Our intent is to ensure all children can stay safe, making the correct choices about their use of technology.

Implementation

We use the PSHE Associations Question based Programme of Study as our school has an ethos of enquiry-based learning. We adapt this programme to fit our children's changing needs as well considering the emotional impact on our children and families of

the Coronavirus Pandemic and recent extended school closures. Materials from the 3D PSHE Programme 'Let's begin again' will support teaching and enable teachers to provide children to talk about the impact the pandemic has had on them and their families. We will continue to adapt our two year rolling programme as needs arise but with the overall aim of ensuring all areas of the PSHE Association's programme of study are covered where possible.

The programme covers three core themes:

- Health and Wellbeing
- Relationships
- Living in the Wider World

We have used the PSHE Association's toolkit to adapt the programme of study to cover a two-year rolling programme which considers our pupil's needs and readiness. PSHE lessons are delivered by our class teachers and we follow the PSHE Association's recommendation of allocating at least an hour a week for PSHE. However, following on from the Coronavirus Pandemic we will adapt and increase the time allocated as needs arise. We will also plan how to deliver (alongside our usual curriculum plans) the PSHE curriculum remotely in the event of a school closure.

We believe that PSHE is key to pupils accessing the whole curriculum and being ready to learn and so, as needs arise, extra time is given to developing the skills needed for children to continue to thrive. There are occasions where teachers find it necessary to respond to an issue in their class with targeted PSHE teaching, and we encourage this flexible approach alongside our core PSHE curriculum.

PSHE is an important part of school assemblies where children's spiritual, moral, social, and cultural curiosity is stimulated, challenged, and nurtured through the ongoing cycle of developing our School Values, Christian Values and British Values.

At appropriate times of the year e.g. Anti-Bullying Week, Black History Week, Remembrance Day, Enterprise week, termly internet safety lessons and Earth Day, there are themed weeks when the pupils focus on British Values, economic wellbeing and internet safety as a whole school. A rolling programme of these events will be created.

A working wall in each class shows the half-termly focus as well as the learning intentions and vocabulary for the current theme. Examples of children's learning are also displayed. A large red project book shows a running record of previous themes covered and pupil voice responding to the themes.

Impact

The impact of implementing our planned curriculum is as follows:

- All pupils will feel happy, safe, and respected
- Pupils will know about using the internet safely and be aware of the dangers
- Pupils will have respect for themselves and others
- Pupils will be able to make links and develop their understanding of our RE curriculum through our PSHE curriculum
- Pupils at our school will be able to start to process and talk about their worries following on from the Coronavirus pandemic lockdown
- Pupils at our school will reconnect with their peers and continue to form strong relationships now and in the future
- Pupils will understand the physical aspects involved in RSE at an age-appropriate level
- Children will develop positive and healthy relationship with their peers both now and in the future
- Pupils in our school will have positive body image
- Pupils at our school will be equipped with the knowledge, emotional vocabulary, and skills to enable them to manage anxieties effectively and be able to cope with life's ups and downs
- Pupils at our school will be equipped with the skills that allow them to grow into healthy and proactive members of society, who challenge stereotypes and inequality
- Pupils at our school will be able to make the right health and personal safety choices
- Pupils at our school will have a good knowledge of our school values, British values and the new RSE curriculum and be able to act according to these set of values
- Pupils will be able to reach their full potential